

**Idaho Athletic Trainers Association**  
**2010 Summer Conference**  
**July 30<sup>th</sup> – 31<sup>st</sup>**

“A Comprehensive Review of the Anatomy, Evaluation,  
Treatment, and Rehabilitation of the Throwing Shoulder”

Friday July 30, 2010

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|-----------------|--|
| 12:00 – 1:00 pm | Registration   |
| 1:00 - 1:30pm   | Dr. Kevin Shea (Intermountain Orthopedics)<br>Throwing Injuries in Athletes.                               |
| 1:30 – 2:00pm   | Dr. Kevin Shea<br>Overuse Cartilage Injuries in Athletes   |
| 2:00 - 3:00pm   | Dr. Kurt Nilsson (Intermountain Orthopedic)<br>Comprehensive Shoulder Anatomy using Imaging Ultrasound.    |
| 3:00 - 5:00pm   | <b>Jeff Anderson</b> (Professional Pitching Coach)<br>Overhead Throwing Analysis and Pitching Instruction. |

Saturday July 31, 2010

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| 9:00 - 10:00am | Rick Johns (Discount Nutrician)<br>Supplements in Sports: What’s new?   |
| 10:00-11:00am  | Dr. Rich Radnovich<br>Complete Evaluation of a Sore Shoulder.           |
| 11:00-12:00pm  | Dr. Rich Radnovich<br>Medical Treatments for Overhead Throwing Injuries |
| 1:00 - 2:00pm  | Dan Shaw (Saltzer Director of Physical Therapy)<br>Scapular Dysknesis   |
| 2:00 - 4:00pm  | Dan Shaw<br>Shoulder Rehabilitation Discussion and Lab                  |